



**Kenya  
Rugby  
Union**

## KENYA RUGBY UNION 2026 Training & Education Calendar



**Kenya  
Rugby  
Union**

S.No	Month	Day	Project	Activity	Location	Brief	KPIs
1	Jan	9th	Antidoping	Antidoping Workshop	RFUEA Grounds	Shujaa National team	All
2	Jan	9th	Antidoping	Antidoping Workshop	RFUEA Grounds	Lionesses 7s National Team	All
3	Jan	17th	Rugby Rising	Virtual introduction	Virtual	Intro to Rugby Rising play	12 new teachers
4	Jan	31st	Rugby Rising	Level 1 Coaching & T1	Nairobi	Coaching course	12 new teachers
5	February	1st	Rugby Rising	Level 1 officiating & T1	Nairobi	Officiating	12 new teachers
6	February	1st	T&E Virtual Meeting	Virtual	NA	All Training Managers in Kenya to plan for 2026	Target all T&E Workforce
7	February	7th	Rugby Rising	MedicalFAIR	Nairobi	First Aid in Rugby	12 new teachers
7	February	10th	Training	MedicalFAIR	Nairobi	HSBC Challenger	16 new First Aiders
8	February	11th	Training	Medical ICIR L2	Nairobi	HSBC Challenger	Re-licensing
10	March	7th	Training	Level 1 7s & Breakdown Ready	Nairobi	Prescott Coaches	Target 16 new teachers
11	March	14th	Training	Level 1 Officiating & TR	Nairobi	Prescott Coaches	Target 16 new teachers
12	March	21st	Training	Activate	Nairobi	Prescott Coaches	Target 16 new teachers
13	April	7th	Antidoping	Antidoping	Nairobi	Kenya U20	Chipu Antidoping Workshop
14	April	4th	S&C Course	SnC L1 C,Y, A	TBC	KC Legacy Courses	Level 1 SnC coaches
15	April	4th	FAIR	L1 FAIR	TBC	KC Legacy Courses	Increase number of FAIR accredited personnel
16	April	5th	Activate	L1 Activate	TBC	KC Legacy Courses	Target new coaches in Activate
17	April	10th	Coaching	Level 1 C15s & Breakdown Ready		KSSSA 7s Nationals	Target 16 new teachers in coaching & Activate
18	April	11th	Officiating	L1 MO course & Tackle Ready		KSSSA 7s Nationals	Target 16 new teachers in Officiating & Activate
19	May	6th	Workshop	Antidoping	Nairobi	Kenya Simbas	Annual Antidoping workshop
20	May	19th	Superweek	Judicial Officers	Nairobi	KRU Super Week	Target 10 new JOs
21	May	19th	Superweek	Match Commissioners	Nairobi	KRU Super Week	Target 12 new MCs
22	May	19th	Superweek	Educator Course	Nairobi	KRU Super Week	Target 16 new educators in different strands
23	May	20th	Superweek	ICIR L2	Nairobi	KRU Super Week	Target 12 new MCs
24	May	23rd	Superweek	FAIR Level 1	Nairobi	KRU Super Week	Target 12 new Medics
25	May	23rd	Superweek	MO Level 1	Nairobi	KRU Super Week	Target 12 new match officials
26	May	23rd	Superweek	Coaching Course	Nairobi	KRU Super Week	Target 12 new ICIR Medics/QAs done
24	June	17th	Training	L2 Coaching 7s	Kisii	Prescott & KSSSA	Target 16 school teachers to attain L2 C15s
25	June		Training	Level 2 Coaching 15s	TBC	All	Target Club Coaches before Preseason training
26	July		Training	Level 1 coaching 7s	TBC	All	Target Club Coaches before Preseason training
27	July	25th	Training	Level 2 Coaching 7s	Prinsloo 7s	NSC in Rift Valley Region	Target 16 new Level 2 in 7s coaches
28	July	26th	Training	Breakdown & Tackle Ready	Prinsloo 7s	NSC in Rift Valley Region	CPD for all coaches. Target 16
29	August	1st	Training	S&C L1 C,Y,A	Dala 7s	NSC in Nyanza Region	Target 16 clubs and institution coaches
30	August	2nd	Training	Activate	Dala 7s	NSC in Nyanza Region	Create awarnes of Activate course. Target 16
31	August	15th	Medical	FAIR Level 1	Kabeberi 7s	NSC in Nairobi Region	Increase first Aiders in clubs. Target 16
32	August	16th	Training	MO Level 1	Kabeberi 7s	NSC in Nairobi Region	Increase MO around clubs
33	August	22nd	Training	Level 1 7s & Breakdown Ready	Driftwoods 7s	NSC in Coastal Region	Target 16 new coaches in Coast region
34	August	23rd	Training	Level 1 Officiating	Driftwoods 7s	NSC in Coastal Region	Increase MOs in Coast Region
35	September	5th	Training	Level 1 7s & Breakdown Ready	Embu 7s	NSC in Eastern Region	Target 16 clubs and institution coaches
36	September	6th	Training	Activate	Embu 7s	NSC in Eastern Region	Create Awareness of Activate. Target 16
37	September	12th	Conditioning	S&C L1 C,Y,A	Christie 7s	NSC Final	Target 16 clubs and institution coaches
38	September	13th		TBC	Christie 7s	NSC Final	
39	October	10th	Training	Citing Commissioners	Safari 7s	Sevens Premier Tournament	Target 10 new CCs across the Regions
40	October	17th	Training	Level 2 MO Course	Floodlights Tourname	Pre-season Tournament	Preseason course- Target 16
41	October	24th	Training	Level 2 Coaching 15s	Floodlights Tourname	Pre-season Tournament	Preseason course- Target 16
40	November	12th	Training	Coaching L3	Capetown, SA	Part A	2 Kenyan Participants for part B L3 Coaching
41	November	14th	Training	L 3 Match Officiating	Capetown, SA	Part A (GBP 1,000)	Target 2 new L3 Mos
42	November	21st	Training	CMO Level 1	Nakuru	CPD for retired MOs	Target 12 new CMOs
43	November	All	Assessments	MO & Coaching	All	All League	Assessment for all L2s
44	December	All	Training	C & Officiating	All	All	Attack & Defence principles
45	December		T&E Conference	T & E Manager	KRU	2026	Conference